



Cycling

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Age Requirement: Determined by age as of December 31, 2012.

Rules: United States Cycling Federation. Riders must wear ASTM/Snell approved helmet. Omnium bonus points will be awarded to overall winners in combined races as follows: 1st =7, 2nd =5, & 3rd =3.

Time Trial: All divisions 10 miles at 30 second intervals.

Hill Climb:

4 Miles: all Men's divisions 19-49 and Women's 19-29.

1.3 Miles: for all other men's and women's divisions

Schedule:

Thursday, June 28

9:00-10:00 AM Hill Climb Check-in*

10:00 AM Hill Climb, Milt's Stage Stop (5 miles up Cedar Canyon)

5:00-6:00 PM Time Trial Check-in*

6:00 PM Time Trial, Old Highway 91 Frontage Rd., Start at Holiday Inn Express, go South 5 miles and return.

Friday, June 29

7:00-8:00 AM Criterium Check-in

9:00 AM Criterium, 3900 N 2300 W

Medals will be awarded after each race.

Saturday, June 30

7:00-8:00 AM Road Race Check-in*

8:00 AM Road Race, Start at Desert Mound.

Medals will be awarded after each race.

Events:

Junior Division	Age	Time Trial	Hill Climb	Criterium	Road Race	Omnium
Boys	12-14	X	X	X	X	X
Girls	12-14	X	X	X	X	X
Boys	15-16	X	X	X	X	X
Girls	15-16	X	X	X	X	X
Boys	17-18	X	X	X	X	X
Girls	17-18	X	X	X	X	X

Senior Division	Age	Time Trial	Hill Climb	Criterium	Road Race	Omnium
Men Cat 1,2	19-29	X	X	X	X	X
Women Cat 1,2	19-29	X	X	X	X	X
Men Cat 3	19-29	X	X	X	X	X
Women Cat 3	19-29	X	X	X	X	X
Men Cat 4,5, public	19-29	X	X	X	X	X
Women Cat 4,5, public	19-29	X	X	X	X	X

Masters Division	Age	Time Trial	Hill Climb	Criterium	Road Race	Omnium
Men	30-34	X	X	X	X	X
Women	30-34	X	X	X	X	X
Men	35-39	X	X	X	X	X
Women	35-39	X	X	X	X	X
Men	40-44	X	X	X	X	X
Women	40-44	X	X	X	X	X
Men	45-49	X	X	X	X	X
Women	45-49	X	X	X	X	X
Men	50-54	X	X	X	X	X
Women	50-54	X	X	X	X	X
Men	55-59	X	X	X	X	X
Women	55-59	X	X	X	X	X
Men	60-64	X	X	X	X	X
Women	60-64	X	X	X	X	X
Men	65+	X	X	X	X	X
Women	65+	X	X	X	X	X

Omnium:

Overall championships based on points awarded as follows: Must race in at least 2 races to be eligible. 14, 10, 6, 4, 2; for first through fifth places. There will also be bonus points awarded for primes in the road race and criterium 3, 2, and 1 for first, second and third.

The overall champion will be the rider in each division with the most points. Athletes are automatically entered in Omnium when entered in two or more races.

Criterion: Closed circuit .75 mile course

25 minutes + 2 laps: Boys 13-14, Men 60-over.

40 minutes + 2 laps: Men 40-49, Men 50-59, Women Open

50 minutes + 2 laps: All Open Men, Men 30-39

Races will be approximately one hour apart.

Race times will be posted the day prior to race.

Road Race:

20 miles: Jr Women and Women 40+, Jr Boys 12-14 and Master's Men 60+

40 miles: Jr boys 15-19, Men 40-59, Women 19-29 & 30-39

60 miles: All Open Men 19-29 and 30-39